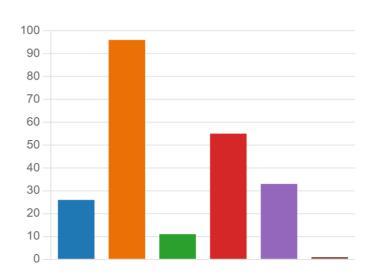
#### Online Safety Newsletter - March 2023

Following on from Safer Internet Day 2023, here is a brief summary of the parental questionnaire:

- 118 surveys completed/part-completed
- 96% of children have access to the internet at home
- 22% of children spend over two hours a day on the internet
- 97% of parents know how to check the privacy settings on a device
- 45% of parents infrequently/never check privacy settings
- 85% of parents would prefer to learn about online safety via the school newsletter or website

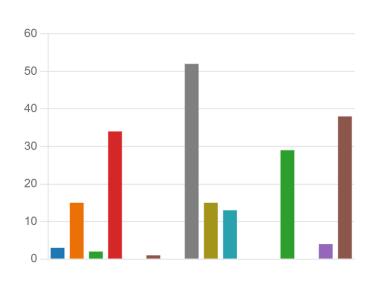
This is how most children spend their time online:





### These are the most popular social networking sites:





Following a number of parents requests for further information on online safety, we have collated some useful tips and website links below:



Helping parents keep their children safe online.

internet matters.org

We've designed a simple checklist to give you peace of mind regarding your child's safety on the internet.

Set your children's device up before you give it to them so you know they're safe online as soon as they start playing.



### Get started



Set parental controls on your broadband to prevent your children seeing things they shouldn't



For smart phones check parental controls are also set up on the mobile network

# Set up the device safely



Use the device setting so you can only download age appropriate apps and games



Set up password control or disable in-app purchasing so big bills are not run up accidentally



Disable location services so your child doesn't unintentionally share their location with others



Download age appropriate apps you're happy for your child to use

# Talk about staying safe



If your children are 8-10 years old, download our parent / child Internet Matters app to help you talk about e-safety issues in an interactive way



Be aware of key issues and how to discuss them with your children so they know how to stay safe online



If your child is using social networking apps check their profile and privacy settings, making sure they are not sharing personal or private information with people they do not know

Advice on **how to set up individual devices** can be found here:

https://www.internetmatters.org/parental-controls/

Advice about key **social media platforms**, including age restrictions can be found here:

https://saferinternet.org.uk/guide-and-resource/social-media-guides

**Age ratings** of popular apps:

